

Step-by-Step Guide to Measure Yourself for a Made-to-Measure Dress

Accurate measurements are essential for a perfect fit. Follow this step-by-step guide to measure yourself correctly for your made-to-measure dress. You will need a flexible tape measure, a mirror, and ideally, someone to help you.

1. Bust Measurement

1. **Stand Straight:** Stand up straight with your feet together.
2. **Position the Tape:** Place the tape measure around the fullest part of your bust, ensuring it goes under your arms and across your back.
3. **Check the Fit:** Make sure the tape measure is snug but not tight. It should lie flat against your body without compressing your bust.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

2. Waist Measurement

1. **Find Your Natural Waist:** Your natural waist is the narrowest part of your torso, usually just above your belly button.
2. **Position the Tape:** Wrap the tape measure around your natural waistline.
3. **Check the Fit:** Ensure the tape measure is snug but not tight. It should lie flat against your skin without compressing your waist.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

3. Hip Measurement

1. **Stand Straight:** Stand with your feet together.
2. **Position the Tape:** Place the tape measure around the fullest part of your hips and buttocks.
3. **Check the Fit:** Make sure the tape measure is level all the way around and is snug but not tight.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

4. Shoulder Width Measurement

1. **Stand Straight:** Stand naturally with your shoulders relaxed.
2. **Position the Tape:** Measure from the edge of one shoulder across to the edge of the other shoulder.
3. **Check the Fit:** Ensure the tape measure is straight and level, running over the highest points of your shoulders.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

5. Bust Point to Bust Point Measurement

1. **Find Your Bust Points:** These are the fullest points of your bust.
2. **Position the Tape:** Measure the distance between the two bust points.
3. **Check the Fit:** Ensure the tape measure is straight and lies flat against your skin.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

6. Back Waist Length Measurement

1. **Stand Straight:** Stand naturally with your shoulders relaxed.

2. **Position the Tape:** Measure from the nape of your neck (the prominent bone at the base of your neck) down to your natural waistline.
3. **Check the Fit:** Ensure the tape measure follows the natural curve of your back.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

7. Arm Length Measurement

1. **Stand Straight:** Stand with your arm relaxed at your side.
2. **Position the Tape:** Measure from the edge of your shoulder down to your wrist bone.
3. **Check the Fit:** Ensure the tape measure follows the natural curve of your arm.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

8. Dress Length Measurement

1. **Stand Straight:** Stand naturally with your shoulders relaxed.
2. **Position the Tape:** Measure from the highest point of your shoulder down to the desired length of the dress.
3. **Check the Fit:** Ensure the tape measure follows the natural curve of your body.
4. **Record the Measurement:** Note the measurement in inches or centimeters.

Additional Tips

- **Wear Proper Undergarments:** Measure yourself while wearing the undergarments you plan to wear with the dress.
- **Get Help if Possible:** If you can, have someone help you take the measurements for greater accuracy.
- **Double-Check:** Take each measurement twice to ensure accuracy.

By following these steps, you can provide us with accurate measurements, ensuring your made-to-measure dress fits you perfectly. If you have any questions or need further assistance, please don't hesitate to contact us.